



Tel: 604-273-5722 | Fax: 604-273-5762 | Toll Free: 1-866-273-5766 | Toll Free Fax: 1-866-273-5762
105 - 21900 Westminster Hwy., Richmond, BC V6V 0A8
info@apbc.ca | www.apbc.ca

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Dear Members,

Re: Leadership for the mental health of your workplace

After just 2 weeks, there has been a phenomenal response to register for the free webinar speaker series — **Leadership for the mental health of your workplace** — brought to you by the BC First Responders Mental Health Steering Committee.

With 600+ registrations so far, there will be representation from across Canada and across the various first responder communities. There is still time to reserve your spot to join your peers between January 21 and March 11, 2021.

Kicking off with two sessions discussing different aspects of the impact of COVID-19 (Jan 21 and Jan 28), we are excited to confirm speakers like **Dr. Vivien Lee**, a clinical psychologist and founder of the Centre for Trauma Recovery & Growth in Toronto, and **Inspector Andrew Chan**, the officer in charge of the Vancouver Police Department's Pandemic Working Group and also a Silver Commander in the COVID-19 Department Operations Centre.

Moving forward, the February and March sessions will focus on other topics, such as leading a successful reintegration back to work *after* a mental health injury (Session 3, Feb 11). And on March 4, don't miss the expert panel discussing how to promote family resilience to include the real-life account from a first responder and his spouse's lived experience (Session 5).

To learn more and to register, please visit <http://conference.bcfirstrespondersmentalhealth.com/>

In Solidarity,

Lindsay Kellosalmi
Mental Health and Wellness Coordinator
Ambulance Paramedics of BC
CUPE 873

Bob Parkinson
Director of Health and Wellness
Ambulance Paramedics of BC
CUPE 873

LK/BP/km/MoveUp